

## PARENTING BOOKS

We also have books to help with your questions about parenting. Check out non-fiction areas of the library and look in these sections:

- Cooking – Baby Food, Cooking for and with Kids
- Crafts and Hobbies – Crafts for Children
- Education
- Family and Relationship
- Health and Fitness
- House and Home – Decorating
- Sports and Recreation – Camping, Hiking

Even Business and Economics books can offer you help with teaching your child about personal finance and money management.



101 Bear Street  
Box 996  
Banff, Alberta T1L 1H3

Monday to Thursday: 10:00 – 8:00  
Friday: 10:00 – 6:00  
Saturday: 11:00 – 6:00  
Sunday 1:00 – 5:00

Banff Public Library

Phone: 403-762-2661

[www.banfflibrary.ab.ca](http://www.banfflibrary.ab.ca)

E-mail: [info@banfflibrary.ab.ca](mailto:info@banfflibrary.ab.ca)



For the parents of  
**BABIES, TODDLERS  
OR PRESCHOOLERS**

**"When you not only hear a treasured story, but also are pressed against the most important person in the world, a connection is made that cannot be severed."**

**-Maurice Sendak**

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Tel: 403-762-2661

## READING WITH YOUR CHILD

If you have a little one in your life, it is important to know that early language and learning development begins in the first three years of life and is closely linked to your child's earliest experiences. When you talk, respond, sing, read, and play with your baby, you are actually nurturing and stimulating the development of your baby's brain! Print is everywhere so talk about the written words you see around you. Ask your child to find a new word on each outing.

**READ TOGETHER EVERY DAY:** Make this a warm and loving time when the two of you can cuddle close. Be silly & have FUN! Read to your child with humour and expression. Use funny voices. Go ahead ... moo, woof, and honk! Encourage coos, growls, and gurgles. The more your baby practices making sounds, the clearer baby's speech will become. Engaging books that feature animals or machines invite movement and making sounds. Books with flaps or different textures to touch keep little hands busy. Books that include words we don't use every day will introduce your child to a rich vocabulary. Once children are familiar with a story, let them tell you what will happen next. Use books and stories to help children think of their own solutions to problems.

**SING, READ, REPEAT:** Repeated fun with books will strengthen language development and foster a love of reading. Being new to the world means that every day is an adventure! Your child will identify with stories about dressing, eating, visiting, napping, and playing. Find books about things your toddler especially likes—trains, animals, the moon. These books hold a toddler's attention and build enthusiasm for reading. Books that focus on shapes, circles and triangles are important because being able to see shapes will help children to later recognize letters.



Check out our [free, drop-in and ongoing](#) library programming for little ones.

### FAMILY STORYTIME

**Wednesdays - 10:00am - 10:30am**

Stories, music and fun for children and their caregivers.

### BABIES AND ONES

**Wednesdays - 11:00am - 11:30am**

Rhymes, finger-plays, songs and lap bounces for infants 0-24 months. Expectant parents are welcome to attend.

## AND THERE IS SO MUCH MORE IN YOUR LIBRARY!

**Board Books** - These are baby-friendly books. They have bright, bold illustrations that will grab a baby's attention and are easier for a baby to handle – or chew!

**Picture Books** - Reading picture books helps a child learn how a story is structured. Can you find the beginning, middle, and end?

Also available are cds of songs and stories, some with accompanying books, as well as books for young readers in French, Japanese, and Korean and lots of counting and alphabet books. Videos appropriate for young children, and family-friendly current films are also available, as is **Chickadee** magazine.



If you can't get in to the library, check out the web site <http://www.banfflibrary.ab.ca/> and, on the right-hand side, you will find a book of the day to read on-line. Each book helps little ones to read along with the story. Each day there is a new book with the **TUMBLE BOOK LIBRARY.**